

THE CONNECTED PARENT



Strengthen and support connection and attachment with your child through this dynamic workshop.

Learn strategies used by therapists and based in neuroscience to develop empathy, deepen trust, and strengthen the parent child bond.

Topics Covered:

- * Challenging behaviors
- * De-escalation strategies
- * Triggers and tantrums
- * Retraining the brain
- * Connecting while correcting
- * Parenting under pressure

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Bithiah's
FAMILY SERVICES